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Heartburn? Try a low acid diet Erica Hill and Chris Wragge talk to registered dietitian Keri Glassman about low **acid diets** and how they're used to treat **heartburn**.

Dr. Jamie Koufman on Good Morning America Health Dr. Koufman discusses the red flags for diagnosing "silent" **reflux** (chronic throat clearing, chronic cough, excess mucus, etc.)

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7 Things to Try to Reduce Your Acid Reflux Acid blockers may relieve **heartburn**. But they can't stop the epidemic of **reflux** in this country. Try these steps to figure out what ...

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What I Eat In A Day..Healthy..Acid Reflux Diet Hi guys! Welcome to my channel! My videos are for everyone. However, they will be geared towards an **acid reflux** friendly **diet**.

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